

# Vallance Community Sports Association

NEWSLETTER by Muhibur Rahman Designed by Shamim Miah

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CHARTER STANDARD  
CLUB



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## PAYP Paralympics Event 2011

Vallance CSA in partnership with Youth & Connexions Services, Positive Activities for Young People (PAYP) will be running a 10 week programme targeted towards 16–35 year old people with Special Educational Needs (SEN) and Learning Difficulties (LD). The programme will include Multi-Sports activities geared towards the Paralympics and Accredited Workshops.

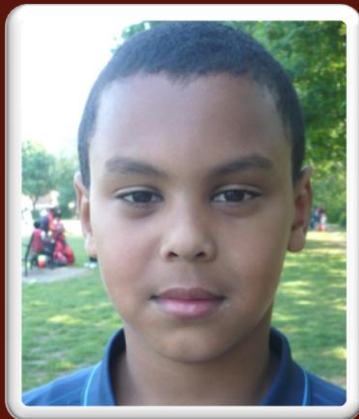
To register for programme contact:

**Junel Uddin** (Senior Project Manager)  
**Tel:** 07956835811  
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## SNT Cup 2011

This year's SNT (Safer Neighbourhood Tournament) ended early for both Vallance FC teams. Vallance U16 failed to win any of their group games and did not progress to the final. The SNT U16 was won by Vallance U16 last year. Vallance FC Senior team (pictured above left) progressed to the 2nd round after beating local rivals Newark FC in the 1st round 2-0 of the senior category. In the 2nd round Vallance lost 3-1 to London Tigers B.

## Vallance FC – Player profile



Name: Jermaine Martin Marshall  
Age: 9  
School attended: St Matthias  
Favourite football team: Arsenal  
Favourite player: Van Persie  
Favourite subject at school: P.E  
Favourite food: Chips

1. What team do you play for? VFC U9
2. What position do you play? Right back

3. Do you like the training at Vallance? Yes
4. What do you want to do when you leave school? Professional footballer

## Players of the Month

APRIL 2011



Under 7

MD Naveem Haque



Under 8

Anes Merabet



Under 9

Minhaj Mahir Ahmed



Under 10

Alexander Tarlton



Under 11

Farhan Miah



Under 13

Wasin Rahman

## Best community Organisation 2010

Vallance Community Sports Association was shortlisted for the **Channel 5 Awards 'Best Community Organisation 2010'**. The Awards evening was shown live on Thursday 7th April 2011 at 6pm on **Sky Channel 814**. This was the third year in a row that VCSA has been short listed for this prestigious award. The award eventually went to an organisation in Ipswich.

## June 2011 Half Term Coaching programme

Vallance FC will be holding a 2 day football and multi-sports coaching programme during the June 2011 half term holiday. The coaching is free of charge and open to boys 5-13 years old.

This will take place on;  
**WEDNESDAY 1<sup>st</sup> & THURSDAY 2<sup>nd</sup> June 2011**

**Time-11am to 1pm**  
**Venue- WEAVERS FIELD,**  
**Vallance Road, London E1.**



## Results

### Saturday 2<sup>nd</sup> April 2011

#### *Middlesex County 1<sup>st</sup> Division*

Vallance FC – 1 West Essex – 3

### Sunday 3<sup>rd</sup> April 2011

#### *Kent Youth League U18 North*

Vallance FC U18 – 3 Phoenix Sports U18 – 1

#### *East London & Essex Junior Football League*

Vallance FC U11 – 3 Abey U11 – 0

Vallance FC U9 – 3 Eclipse U9 – 1

### Saturday 9<sup>th</sup> April 2011

#### *Middlesex County 1<sup>st</sup> Division*

Vallance FC – 3 FC Team – 1

### Sunday 10<sup>th</sup> April 2011

#### *East London & Essex Junior Football League*

Vallance FC U9 – 2 Elite Pro Sport U9 – 3 –  
(League Cup ¼ final)

### Saturday 23<sup>rd</sup> April 2011

#### *Middlesex County 1<sup>st</sup> Division*

Vallance FC – 3 Greens UTD – 1

### Saturday 30<sup>th</sup> April 2011

#### *Middlesex County 1<sup>st</sup> Division*

Vallance FC – 4 Regents Park FC – 1

## Easter 2011 Holiday Programme

During the Easter 2011 school holiday Vallance FC held a 2 week Multi Sports programme at Weavers Field (*Pictured left*). The programme was attended by over 60 young people aged 5-14 years old and is part of the **Community Sports programme** at Vallance.

*This project is funded by the BBC children in Need and Tower Hamlets Council.*

## Jack Petchey Foundation Achievement Award

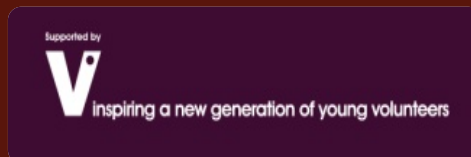
Wasin Rahman has been awarded the **Jack Petchey Foundation** Achievement Award for April 2011 because of his hard work in training and games.



# Vallance CSA Funders & Sponsors



**THE SHAADI PLANNERS**  
www.theshadiplanners.co.uk



## Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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*The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.*