

Vallance Community Sports Association

NEWSLETTER by Muhibur Rahman Designed by Shamim Miah

VOLUME 5 – ISSUE 11 – September/October 2011

Vallance FC start with win in new kit

Vallance FC started the new season in the **Middlesex County 1st Division** with a win against local team Elite Youth who were promoted last season. Vallance started well and took the lead in the 10th minute with a goal from Terence Mensah. On the 30th minute mark Vallance got a 2nd with a goal from Carlos Bruno. After the break Terence scored his 2nd and sub Mehmood Kamal got the 4th for Vallance who won comfortably 4-0 with all the goals scored by Vallance FC academy graduates. Vallance were wearing their new strip which was sponsored by local business man Harun Shahid of **Hayfield Masala** restaurant in Mile End. Harun said *"I am very happy to help Vallance FC in any way. They have been provided football in the borough for over 10 years and are helping youngsters to play football at a good level. My two sons attend the Vallance academy training on Saturdays in Bethnal Green".*



Grow the Game Grant

Vallance has been awarded a 3 year grant from the **Football Foundation**. The grant is from **Grow the Game** campaign.



CHARTER STANDARD
CLUB



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Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles in football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details contact Junel Uddin

Tel: 0203 441 9392
Email: vallancefc@aol.com

Vallance FC – Player profile



Name: Daanial Aslam
Age: 7
School attended: Osmani School
Favourite football team: Manchester UTD
Favourite player: Wayne Rooney
Favourite subject at school: Maths
Favourite food: Spaghetti

1. What team do you play for? VFC U8
2. What position do you play? Striker

3. Do you like the training at Vallance? Yes
4. What do you want to do when you leave school? Football player

Players of the Month

SEPTEMBER 2011



Under 7

Samir Hussain



Under 8

Fabian Bennett



Under 11

Alexander Tarlton



Under 12

Gabriel Reilly Vickers



Under 13

Nobel Bassar

SEN Health Development Programme

Vallance CSA are looking for young people with SEN (Special Educational Needs) & Learning difficulties to take part in their SEN Health Development Programme.

**For details contact
Junel Uddin**

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Leagues have started

Vallance U15 (pictured left) will be competing in the **Kent Youth League U15 North Division**. This will be the 2nd season this team is competing in this league. The team will be managed by Junel Uddin and they will be training on Friday afternoon at Mile End.

Vallance U12 will be competing in the **East London & Essex Junior Football League**. The U12 will be managed by Iqbal Hussain and training will be on Saturday afternoon at Weavers Field.

Vallance U10 will also be competing in the same league and will be managed by Hamidul Islam who is a FA Level 2 qualified coach and also a player for the senior football team. The U10 will train on Saturday mornings at Weavers Field.

All the teams will play on Sundays at various locations and will be assisted by VCSA volunteers.

Results

Sunday 4th September 2011

Kent Youth League U15 North Division

Vallance U15 – 1 Dulwich Hamlets FC U15 – 6

Saturday 10th September 2011

Middlesex County 1st Division

Vallance FC – 4 Elite Youth – 0

Sunday 11th September 2011

Kent Youth League U15 North Division

Vallance U15 – 0 Bromley U15 – 5

Saturday 17th September 2011

Middlesex County senior open cup 1st round

Vallance FC – 5 Hounslow Wanderers – 4

Sunday 18th September 2011

Kent Youth League U15 North Division

Vallance U15 – 1 Ramsgate U15 – 5

Saturday 24th September 2011

Middlesex County 1st Division

Vallance FC – 1 Wilberforce Wanderers – 0

Sunday 25th September 2011

Kent Youth League U15 North Division

Vallance U15 – 1 Bexley Borough U15 – 6

East London & Essex Junior Football League

Vallance U12 – 1 ST Thomas Canterbury – 2

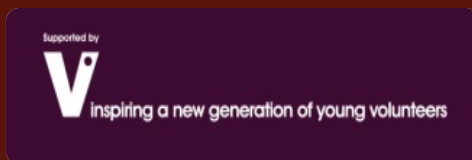
Vallance U10 – 3 Aldersbrook Green U10 – 4

Jack Petchey Foundation Achievement Award

Nobel Basser has been awarded the **Jack Petchey Foundation Achievement Award** for September 2011 because of his hard work and commitment in training.



Vallance CSA Funders & Sponsors



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.